

## 【Outstanding Academic Research Meeting 2-4】

### 臨床實務中的研究契機 (Research Opportunities in Clinical Practice)

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For the past about 25 years, my research has focused on the epidemiology of diabetes and chronic kidney disease (CKD). Throughout my career, collaboration has been paramount, as it enhances research quality and outcomes. Multidisciplinary training is crucial for conducting impactful social research, as it integrates diverse expertise and perspectives. I have conducted several randomized controlled trials (RCTs) to investigate various aspects of diabetes and CKD, yielding valuable insights into their prevention and management. Additionally, I have leveraged extensive datasets from the National Health Insurance Research Database and the death registry system to formulate comprehensive research questions and develop robust conceptual frameworks. This approach has enabled an in-depth exploration of the complex relationship between diabetes and CKD and their broader public health implications. Pharmaco-epidemiological research is one of important goals with my work: to improve health outcomes through meticulous scientific investigation. Together, my colleagues and I strive to translate research findings into effective public health interventions and policies. My commitment to collaborative, multidisciplinary research has significantly advanced our understanding of diabetes and CKD. It has underscored the necessity for continuous improvements in healthcare practices. By fostering partnerships and integrating diverse methodologies, we aim to make substantial progress in addressing these chronic conditions and ultimately enhance the quality of life for affected individuals.

