

【Symposium 10-1】

Combat kidney disease: the Role and Responsibilities of the Nephrologist in the Medical Center

Chih-Yu Yang

Division of Nephrology, Taipei Veterans General Hospital, Taiwan

My journey as a nephrologist has been shaped by a dedication to excellence in patient care, education, and scientific research, with a commitment to combating kidney disease. This talk will cover my career development and the pivotal responsibilities of a nephrologist in a tertiary medical center.

During my internal medicine fellowship training, I became fascinated by the intricate physiology of the kidneys, which solidified my path in nephrology. Over the decades, I have embraced my role not only as a clinician but also as an educator and scientist, guided by three essential traits: professionalism, integrity, and emotional intelligence.

A nephrologist in a tertiary medical center must engage in interdisciplinary collaboration, place an emphasis on enhancing patient-centered care, and advance innovative research. As a clinician, I prioritize effective communication and shared decision-making, ensuring patients and families feel empowered in their treatment journey. My academic pursuits include the development of AI-assisted prognostic tools for kidney diseases, patented therapies for peritoneal fibrosis, and the promotion of awareness about home-based dialysis therapy.

This presentation will also highlight the importance of leadership, cross-departmental teamwork, and mentorship, while focusing on nurturing the next generation of nephrologists and promoting evidence-based practice.

