



# 台灣腎臟醫學會112年度會員大會暨學術演講會

## 2023 Annual Meeting of Taiwan Society of Nephrology

### 【KSN-TSN-JSDT Joint Symposium】

#### TSN: Integrative Care for AKI-CKD Transition

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Post AKI care is a popular topic to stop AKI transit to CKD. Evidence suggested patients post-AKI follow-up by nephrologist Early Detection and Management of AKI: Prompt identification and treatment of AKI can prevent further kidney damage. This includes monitoring kidney function in high-risk patients and using biomarkers for early detection. 2. Avoidance of Nephrotoxic Agents: Minimizing the use of medications and substances that can harm the kidneys, such as certain antibiotics, nonsteroidal anti-inflammatory drugs (NSAIDs), and contrast agents used in imaging studies. Optimization of Hemodynamics: Ensuring adequate blood flow to the kidneys and avoiding conditions that can lead to reduced kidney perfusion, such as dehydration or heart failure. Control of Underlying Conditions: Managing conditions that increase the risk of AKI and CKD, such as diabetes, hypertension, and cardiovascular disease, through lifestyle modifications and medications. Lifestyle Modifications: Encouraging a healthy lifestyle, including a balanced diet, regular exercise, and avoiding smoking, can support kidney health. Hydration and Volume Management: Ensuring adequate hydration, while also carefully managing fluid balance in patients with heart or kidney failure.

