



【CKD education Course 1-3】

Vigilant gatekeeper in pre-ESRD care - the guardian journey of pharmacist

Pre-ESRD 機警守門員-藥師的守護之旅

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Comorbidities and multiple medications place burden on patients with chronic kidney disease, leading to poor medication adherence. When prescribing medications, doctors consider multiple factors such as drug selection, therapeutic effectiveness, dosage adjustment, etc., making the process more complicated than for individuals with normal kidney function. Pharmacists provided 33,448 services after joining the National Health Insurance "Pre-End Stage Renal Disease (Pre-ESRD) preventive and patient health education program" in November 2021 through evaluating drug adequacy and offering recommendations in accordance with guidelines. This collaborative effort assist doctors in prescribing medications with care. Meanwhile, pharmacists provide medications education, improve medication adherence, and foster perceptions of over-the-counter drugs and dietary supplements, ensuring medication safety for patients.

晚期慢性腎臟病人面臨多重疾病及藥品數量多的負荷，因此連帶服藥依順性差。當醫師處方藥品時須兼顧治療效果、劑量調整及品項選擇等多項因素，相較於腎臟功能正常者更為複雜。110年11月藥師加入全民健康保險末期腎臟病前期（Pre-ESRD）之病人照護與衛教計畫，已提供33,448人次的服務，執行過程中評估藥品的適用性及符合指引的建議，協助醫師安心處方藥品，為病人用藥安全做把關。同時在病人端，給予用藥指導及衛教、改善病人服藥依順性、建立服用非處方藥品或保健食品正確觀念，守護病人的用藥安全。

