



【Symposium 3-3】

Post-transplant management of CV risk factors

Kun-Hua Tu

塗昆樺

Chang Gung Memorial Hospital

桃園長庚醫院

In the dynamic landscape of organ transplantation, the continuous advancement in surgical techniques and immunosuppressive therapies has significantly improved the overall success of transplant procedures. However, as we celebrate these achievements, it is imperative to acknowledge and address the multifaceted challenges that arise in the post-transplant period, particularly concerning the management of cardiovascular risk factors.

This speech delves into the intricate intricacies of post-transplant cardiovascular risk management, recognizing its pivotal role in determining both short-term recovery and the long-term viability of transplanted organs. The discourse will encompass a comprehensive and multidimensional approach, shedding light on key factors such as hypertension, dyslipidemia, diabetes, and the integration of lifestyle modifications.

Understanding the interplay between immunosuppressive regimens and cardiovascular health is paramount. The delicate balance required to maintain optimal graft function while mitigating the potential adverse effects of immunosuppressive medications on cardiovascular risk factors.

Keyword: kidney transplant, cardiovascular events, risk factors.

