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JSDT: Dialysis Adequacy in ESKD and Related Outcome

Masataka Banshodani

Tsuchiya General Hospital

The number of dialysis patients in Japan reached 349,000 in 2021, with 2,786 dialysis patients per million people, second only to Taiwan. However, PD patients are still low at about 10,000 (3.2%).

In Japan, the average age of chronic dialysis patients increased and reached about 70 years in 2021. In addition, prevalent and incident dialysis patients are aging, with more than 20% of patients over 80 years old. As a result, the crude mortality rate increased to 10.4% in 2021. Cardiovascular diseases (CVDs) are the primary causes of death, accounting for 31.5% of chronic dialysis patients.

CVDs are the primary causes of death and hospitalization in patients with end-stage kidney disease (ESKD) on dialysis. In this presentation, I will discuss the significance of CVDs, the risks associated with different dialysis modalities, and the importance of frequent hemodialysis and hybrid therapy, including our own studies.

